



CHELSEA PALERMO

POET SPEAKER
TRANSFORMATIONAL GUIDE

Chelsea Palermo is a dynamic speaker, heart-centered workshop facilitator, impactful performance poet, inspirational teacher and pioneer in the field of energy and writing. Chelsea holds an MFA in Poetry. She is a trained energy healer, Somatic Practitioner, and Life Story Coach. She was nominated for Poet Laureate of Asbury Park. Chelsea has taught English and Creative Writing at universities. She facilitates as a Transformational Writing Guide at her private healing practice at 347 Soul Collective in New Jersey. She has been hosting, curating, speaking and teaching for nearly 20 years on the creative arts, healing and wellness fields.

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“Chelsea Palermo brings a deep understanding of poetry and writing to her energy-based workshops. Using her gifts as a poet, and healer, she helps participants tap into resources buried in their subconscious as they work to unearth creative flow and new ideas. The results are electric and insightful -- I left Chelsea’s workshop with drafts and ideas not only for one poem, but for a new area of exploration. If you are feeling blocked or stagnated, her workshops will help you push through obstacles to uncover new material, new concepts and new directions in your work. If you are looking to focus your writing or discover something new about your own creative process, I highly recommend that you attend her workshop. You will be glad you did.” **MARY BRANCACCIO, AUTHOR OF “FIERCE GEOMETRY: POEMS”**

SPEAKER TOPICS

- Healing Your Story: Moving Through Trauma With Writing
- Writing As Spiritual Practice: A Way to See Through The Veil
- Poetry As An Anchor In Troubling Times
- Writing The Body: Access Points, Release, Unspoken Truth, Silence on the Page

CHELSEA'S SPEAKING ENGAGEMENTS

- Rutgers - Like A Girl Week
- The Brave Heart Center
- Hireath Hope & Healing
- Barnes & Noble Showcase
- In The Flow Podcast

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"I knew when I saw Chelsea and how she was able to read the audience during the workshops she was going to be very helpful. She knew when we needed to stray, and where we needed to go. I don't think I would have ever made a move towards any kind of healing without the writing classes. I would have gone the rest of my life minimizing with no clue to the level of trauma that was in my cells waiting to be acknowledged and healed. Lots of work left to do, but I have come so far. Thankful for Chelsea and her workshops and classes."

**KATHLEEN SHEA KIRSTEIN, LATE DISCOVERY
ADOPTEE, RETIRED NURSE, WRITER & ARTIST.**

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**INVITE CHELSEA TO SPEAK
AT YOUR NEXT EVENT**

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